

SUPPORTS

for Students in CEL and CityStudio Courses

Community engaged learning is a form of experiential learning that allows you to contribute to your community while reflecting on your own skills, values, and interests. As you engage in this experience, keep in mind that there are academic and personal supports available to you. Below is a non-exhaustive list of supports for students, be it academic as you prepare a project for the first time, or personal as self-reflection evokes new insights and emotions, among others.

WHO CAN I BE IN TOUCH WITH FOR SUPPORT?

In addition to your course instructor, you can be in touch with the Community Engaged Learning team, particularly if you have questions relating to connecting with your community partner or learning about other ways to engage with community beyond the course. You may also find the following tools helpful:

- [Student Guide to Community Engaged Learning](#)
- [Student and Community Partner Expectations Agreement](#)
- [Tips for Students Engaging with Community Remotely](#)
- [Student Experiential Learning Agreement](#)
- [Student and Community Partner Final Debrief](#)

ADDITIONAL CAMPUS SUPPORTS

— ACADEMIC SUPPORT SERVICES —

Accessible Education: Meet with a counsellor to explore arrangements the University can make to accommodate your needs.

Writing Support Centre: Free one-to-one writing support sessions, writing seminars and drop-in services.

Learning Development & Success: Achieve your academic goals by gaining skills to learn and study more effectively.

Indigenous Student Centre: Offers culturally-relevant, wholistic and strength-based programs and services for Indigenous students.

Indigenous Student Transition Program: Intensive academic, cultural and personal supports on your education journey.

LEADERSHIP & MENTORING PROGRAMS AND SERVICES

Learn to Lead: Workshops on topics such as career management, communications, conflict management and diversity.

Leadership & Academic Mentorship Program (LAMP): Second year students partner with an upper-year peer mentor from your Faculty or program.

Academic Success Program: Collaboration between Student Experience and participating faculties that connects upper-year undergraduate students with groups of first-year students enrolled in select first-year courses.

International Peer Connection: Connect with a Peer Guide for help transitioning to life at Western.

TRANSITION PROGRAMS AND SERVICES

English Conversation Program (for international and exchange students): Improve your English communication skills, meet new people speaking in a group and learn more about Canadian culture and life at Western.

Society of Off-Campus Students (SOCS): Community for first-year students living off-campus, including access to resources, events and activities.

Out of Province Student Association (OPSA): Mentoring and ongoing support for students from provinces that are outside Ontario.

USC STUDENT SERVICES

Peer Support Centre: Safe space in which students can express their feelings and explore resource options provided by the university, the city of London, and the USC

Inclusivity Programming: Provide the Western community with awareness of social issues, support for marginalized groups, advocacy initiatives to improve the lives of undergraduate students, and volunteer opportunities for interested students.

WELLNESS

Psychological Services: Professional, confidential psychological services free of charge to all Western students.

Student Health Services: Medical, psychiatry and counselling services year-round. Services are accessed by appointment and require a valid provincial health card or UHIP for international students.

Student Support and Case Management: Helps students who are experiencing challenges get back to thriving by facilitating a coordinated response at both the individual and community level.